

3 Ridiculous Myths About Daycare Debunked!



As a parent, you'll always desire to do the best for your kids. For many hardworking parents, daycare is often the most reliable option. Unfortunately, as with everything, there are numerous myths that surround the services provided at day care centers and the kids who attend them. But take heart, moms, they are far from truth, and we'll tell you how.

This blog will debunk the top 3 myths about daycare centers that will let you breathe a little easily.

Daycare centers will result in bored kids with behavioral issues

[According to research](#) by the National Institute of Childhood Health and Human Development—carried out on nearly 3,000 children—kids who attended daycare grew smarter than the kids who had never attended a daycare. It was also found that enhanced engagement throughout the day in various activities, crafts, and social opportunities lead to improved language and

mental growth during the first four-and-a-half years of a kid's life. You may be amazed to know that your kids will be more stimulated than they are at home! Although behavioral issues can be difficult to identify often times, it's highly possible that content and occupied kids won't even have the opportunity or time to act out, much less be bored.



Daycare doesn't help with your kid's educational or intellectual progress

The first five years of a child's life are crucial to their overall development. Such is the situation, because 700 new neurons are created every second. [According to a 30-year study](#) carried out by the FPG Child Development Institute at the University of North Carolina at Chapel Hill, infants who attended high-quality daycare centers were four times more likely to graduate college. Day care centers help kids learn how to share, better communicate, and socialize with other kids.



Daycare Centers will offer unhealthy food to your kids

Most people believe that the food provided to your kids in daycare facilities is unhygienic, unsuitable and unhealthy. It may be true for some facilities, but believing that all of them are alike, is actually accepting a ridiculous myth. Make sure you verify the food quality yourself on your daycare tour, before enrolling your kid. This may sound unreal, but according to a research conducted by the [Institut National de la Santé et de la Recherche Médicale \(INSERM\)](#), children who were kept from exposure to infections, overreacted to germs in the longer run, resulting in immune system disorders such as acute leukemia.

If you're looking for a reliable and high-quality daycare center for your little one in Oviedo, Florida, please [contact us today](#)! At [Kids 'R' Kids Learning Academy](#) we have carefully designed programs to deliver a safe; nurturing and stimulating environment to enable your child to achieve significant milestones while having fun! We'd love to make things easier for you and your family.